

PARKSIDE ART GALLERY

MARCH 2017 NEWSLETTER

Spring Equinox 2017 will be at 3:28 AM on Monday, March 20!

We are celebrating its arrival with

Spring into Spring

We would love you to join us on **Saturday, March 18th**

At our opening reception from 10am – 3pm

There will be SPRING ...

Art! Fabric Art! Jewelry! Pottery! Garden Art! Birdhouses! And so much more!

The show will continue until April 15th



Tracery by Neil Pinkett

“It was one of those March days when the sun shines hot and the wind blows cold: when it is summer in the light, and winter in the shade.” Charles Dickens



A SPRING INTO SPRING WORKSHOP

Learn how to make a Willow Vase: March 25 from 1-3

With Instructor: Barb Brown

Cost: \$10 (Willow will be provided)

But you will need to bring a pair of cutters along with a 3” nail

Minimum Age: 12

Please sign up by calling or dropping into Parkside.

UPCOMING SHOWS for 2017 AT PARKSIDE ART GALLERY

Local Students | TBA | April 29 – May 20

Anita Edwards, Cindy Smith, and Quille Farnham | 3 Wild Women and Their Art | Jul 30-Sep 12

Jemma Van Osh and Trish Chung | Works in Glass and Felt | June 30 –July 22

Cariboo Artists Guild | 36th Annual Show and Sale: Motion | Jul 28-Sep 6

Katie Kidwell | The Little Bird That Flies | Sep 15-Oct 13

Claudia Ring and Trish Chung | Fibre Art | Sep 20-Nov 11

Parkside Members | Annual Christmas Bazaar | Nov 18 – Dec 23

MOMENTUM PRODUCTIONS | SPRING LINE-UP OF MUSICIANS

Doors open at 7:30pm with Concerts at 8:00pm

Oliver Swain | Apr 8

Bill Bourne | Apr 24

Ewan Macintyre | Apr 25

Zonnis | May 18

PARKSIDE ART LIBRARY

Thank you to all the people who have donated beautiful art books and magazines to our library over this past year.

If you are new to Parkside you might not be familiar with our library. It is located downstairs across from the Studio. This resource is for the use of all our members! Just ask at the front desk on how to sign out the books and magazines.

We're always happy to accept donations of art books, which will be shared with our community of members.



BLISSSED OUT YOGA

Karen Sims will be offering evening classes at Parkside Art Gallery

Monday and Wednesday evenings, beginning March 13th.

The first class will begin at 5:30 and the second, at 7:00 pm.

As an introductory offer, the first two classes of either class are offered for free; after that, drop in fee is \$10/class.

For more information, please contact Karen at 250-644-8490.



Shop-Vac FOR SALE

For Sale by Parkside Gallery – like new stainless steel Shop-Vac, 60.5 ltr, 16 U.S. gal, 6.5 HP; new \$200.00, asking \$150.00 OBO. If interested contact Paula (250) 791-6422 paulama@telus.net

RECIPE GALLERY | Oven Roasted Asparagus

Ingredients

A bunch of asparagus

3 tablespoons olive oil

2 tablespoons grated Parmesan Cheese

1 clove of garlic, minced

1 teaspoon salt

½ teaspoon ground black pepper

1 tablespoon lemon juice



Directions

Preheat an oven to 425 degrees F

Place the asparagus into a mixing bowl, and drizzle with the olive oil. Toss to coat the spears, then sprinkle with Parmesan cheese, garlic, salt, and pepper. ...

Bake in the preheated oven until just tender, 12 to 15 minutes depending on thickness. **ENJOY!**

CARIBOO BUTTERFLIES YOU MIGHT SPOT ONCE SPRING ARRIVES



Mourning Cloak



Compton Tortoiseshell

Winter may seem an odd time to be thinking of butterflies, but on your winter walk, you may actually be passing a butterfly or two, without knowing it. How can that be, you may ask? Well, our overwintering butterflies frequently find hibernation sites under loose bark of trees or in crevices, cavities, and even caves. Butterflies can even be seen emerging in spring from the eaves of old buildings.

Many folk find it astonishing that butterflies, which we think of as fragile creatures, can survive our cold winters. Not all butterflies overwinter as adults, of course. In fact, only a few do so in this region, but they fascinate us because of their ability to withstand snow and freezing temperatures. Around the Cariboo, Mourning Cloak (*Nymphalis antiopa*), and Milbert's Compton Tortoiseshell (*Nymphalis vau-album*) are two that overwinter in their adult form. Other species overwinter as adults further south, the most familiar example being the Monarch butterfly which winters in Mexico.

How do these delicate butterflies survive the winter? In a word, diapause. As explained by James and Nunnallee (2011), hibernating adults are dormant "and in a physiological state called diapause, characterized by a lowered metabolic rate and radical biochemical changes. Diapause is different from simple dormancy or inactivity as occurs in butterflies and their immature stages during cool periods in spring and autumn or overnight. It is a rigidly controlled physiological mechanism that is genetically fixed or induced by environmental cues."

Before hibernating, these adult butterflies fatten up by feeding voraciously, often on rotting fruit and sap. This is no different from what hibernating mammals do (think of bears gorging on food to put on fat for the long winter months).

Warming weather encourages butterflies to become active again, even for just a brief period. During the very early, warm spring days, butterflies will take advantage of the warmth beginning in mid-March. Mourning Cloaks will flutter around the woods on warm days but when the temperatures cool they vanished until the next warm spell.

The most common species that you will see, almost without fail, as soon as we have a few warm days in early spring are Mourning Cloak and the Compton Tortoiseshell – sometimes both in the same general vicinity when walking through woodland sites.

How do other local butterfly species spend the winter? Most do so in the larval (caterpillar) stage. Just as it seems amazing that adult butterflies can survive our frigid winters, it seems equally miraculous that larvae and pupae can withstand the rigours of cold weather.

Like overwintering adults, larvae and pupae also prepare for hibernation. "By changing their physiology, butterflies, or their eggs, larvae, or pupae, are able to survive the winter for months in a state of suspended animation."

Next time you are on a winter walk through a woodland, remember that you may well be passing some overwintering adult butterflies, just waiting for those first warm days of spring to fly once more.

Here is a link to more butterflies you might find in the Cariboo http://www.williamslakefieldnaturalists.ca/Common_Butterflies_Cariboo-Chilcotin.pdf



A FUN IDEA FOR HOTTUBBERS IN OUR CARIBOO SPRING!

Canada's Yukon Territory is well-known for its wide range of cultural and sporting events that attract tourists from all over the world. Perhaps the most bizarre of these events is the International Hair Freezing contest, held at Takhini Hot Springs every year, in February. As the name suggests, the contest has people enter the springs and just wait for the cold air to freeze their wet hair!

In order to win the \$150 prize, all contestants need to do is sink their heads in the hot springs that are at 40 C, and then wait for the freezing outside air to fix their crazy hairdos in place. At temperatures of under -30 C, hair can freeze in under 60 seconds, creating a stunning effect.

"Spring is nature's way of saying, "Let's party!" Robin Williams

PARKSIDE HOURS

Tues-Fri 10 am – 4 pm
Saturday 10 am-3 pm
A Volunteer non-profit society

LOCATION/CONTACT

401 Cedar Avenue in 100 Mile House, BC.
Box 1210, 100 Mile House BC, V0K2E0
250-395-2021

Website: www.parksideartgallery.ca

Facebook Page: <https://www.facebook.com/parksideartgallery>

"With the coming of spring, I am calm again." Gustav Mahler