

Happy New Year
2016

We at Parkside wish you all a HAPPY NEW YEAR and all the best in 2016!

Please join us on Friday, January 8th from 5:00 – 7:00 pm
When Parkside re-opens for 2016
With a show and reception that is sure to please!

South Cariboo Weavers, Spinners and Fibre Artists' Guild | Traditional Crafts in 2016

Along with the show there will be demos and workshops!
With spinning demonstrations every **Tuesday from 10:00 to noon.**
Weaving demo's on **January 15th and 29th from 11:00-1:00**
And a needle felting workshop **January 21st at 11:00**
And possibly a wet felting workshop! Check our Facebook Page for details <https://www.facebook.com/parksideartgallery>
(Workshops will require preregistration and a small fee to cover supplies.)



JANUARY: IN THE RECIPE GALLERY: Thai Chicken Soup

Thai Chicken Soup is a non-spicy Thai chicken soup made delicious with coconut milk, fresh veggies, and ginger.

Ingredients

- 4 cloves garlic
- 1 2-inch piece fresh ginger
- 2 tablespoons vegetable oil
- 1 small onion, thinly sliced
- 1 medium red bell pepper, seeded and thinly sliced
- 1 medium carrot, sliced
- 1 6-8 oz boneless chicken breast, cut into bite-sized pieces
- 15 oz chicken broth
- 15 oz coconut milk
- 4 baby bok choy heads, sliced diagonally



Preparation

1. Finely chop or grate the garlic and ginger. Heat vegetable oil in a heavy-bottomed pot over medium-high heat. Add the ginger and garlic and sauté for about one minute.
2. Add the onion, pepper and carrot and sauté one minute longer. Add the chicken and cook 5 minutes, turning, until browned.
3. Add the chicken broth and coconut milk and bring to a boil. Add the baby bok choy and cook a few minutes until the bok choy is tender. Serve in soup bowls, or over rice.

LOOKING FOR ART?

Henri Matisse *La Leçon de piano* (oil on canvas) painted in 1923 is available!

It will auctioned off on February 3rd in Hong Kong at Sotheby's. Estimate: £12,000,000-18,000,000 / HKD\$140,000,000-208,000,000

An exceptional painting by Matisse, *La Leçon de piano* has emerged after 85 years in a private collection. Combining music and art, two of the artist's main passions, this intimate work is one of the finest interior compositions from Matisse's early Nice period, which rank among the boldest and most life-affirming bodies of work in Matisse's oeuvre.



2016

	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
S	10 24	7 21	6 20	3 17	1 15 29	12 26	10 24	7 21	4 18	2 16 30	13 27	11 25
M	11 25	8 22	7 21	4 18	2 16 30	13 27	11 25	8 22	5 19	3 17 31	14 28	12 26
T	12 26	9 23	8 22	5 19	3 17 31	14 28	12 26	9 23	6 20	4 18	1 15 29	13 27
W	13 27	10 24	9 23	6 20	4 18	1 15 29	13 27	10 24	7 21	5 19	2 16 30	14 28
T	14 28	11 25	10 24	7 21	5 19	2 16 30	14 28	11 25	8 22	6 20	3 17	1 15 29
F	1 15 29	12 26	11 25	8 22	6 20	3 17	1 15 29	12 26	9 23	7 21	4 18	2 16 30
S	2 16 30	13 27	12 26	9 23	7 21	4 18	2 16 30	13 27	10 24	8 22	5 19	3 17 31
S	3 17 31	14 28	13 27	10 24	8 22	5 19	3 17 31	14 28	11 25	9 23	6 20	4 18
M	4 18	1 15 29	14 28	11 25	9 23	6 20	4 18	1 15 29	12 26	10 24	7 21	5 19
T	5 19	2 16	1 15 29	12 26	10 24	7 21	5 19	2 16 30	13 27	11 25	8 22	6 20
W	6 20	3 17	2 16 30	13 27	11 25	8 22	6 20	3 17 31	14 28	12 26	9 23	7 21
T	7 21	4 18	3 17 31	14 28	12 26	9 23	7 21	4 18	1 15 29	13 27	10 24	8 22
F	8 22	5 19	4 18	1 15 29	13 27	10 24	8 22	5 19	2 16 30	14 28	11 25	9 23
S	9 23	6 20	5 19	2 16 30	14 28	11 25	9 23	6 20	3 17	1 15 29	12 26	10 24

DATE WITH TIME

by Tom Godin

As 2014 ended I faced the end of my days. No it's not what you think. The end of my days was coming because the year was ending and I still had not found the perfect calendar for use in the coming year. This had never happened before. I have, in past years either been given a fancy artsy calendar or have waited breathlessly until calendars dropped 50 % in price and purchased my own. The reason for the breathlessness was that I had to hope that while waiting for the sale, no one had paid full price and bought the last calendar that I had my eye on.

But getting back to last year, none of these things happened, neither the buying or being given a calendar, so I found myself in strange and new territory. Being a person who likes to make copious notes about the birds I see during the year, the idea of entering the year without a calendar was unthinkable. But this untenable situation did not last long. My solution: I made my own calendar.

As 2015 ends, I am now closing the last page of my home-made calendar and realizing what great fun it has been keeping track of the days in this manner. And the reason I am sharing this story with you is that I want to convince you that making your own calendar is something rewarding and definitely something that you too should do.

Before you tell me that making your own calendar is not for you, let me describe my 2015 home-made calendar and perhaps you will see why you should make your own.

I started by folding over 6 or was it 7, large sheets of paper and stapling them in the middle. Simple right? The hard work was almost done. I then took a very small calendar of the coming year and glued each month to the 12 pages in the proper sequence. This would guarantee that as I flipped over to the next month, I would have a printed version of the month and from those dates I could write my own accurate notations. So that was the end of the hard work. Yes that's all there was to making my own calendar because as January started I had the whole month to find and glue interesting things to any part of the blank month's pages.

If I found recipes I hoped to try that month, they got glued to the page. If I made the recipe I made note of that. If an obituary was of interest, that got glued onto the page. In the middle of the calendar I kept a yellow envelope where I stored photos from magazines and reproductions of artwork. These would be my pretty pictures for months to come. In this manner, each month became not only a repository of appointments but of the flavour of the month told in gathered pictures and stories.

I now close the last page of 2015 with the knowledge that I have created a personal reference library that I will refer to in following years. Now if that is not taking control of your time I don't know what is.

ONE BOOK FOR SALE

Japanese bookseller Yoshiyuki Morioka has come up with a highly unusual concept for a bookstore – he sells one book at a time in a tiny shop located in Ginza, Tokyo's luxury shopping district. Ever since he launched the store in May, he has stocked multiple copies of only one title per week.

You might argue that it's hardly a bookstore if you can't go in and spend at least a few hours browsing through hundreds of volumes, but Morioka never intended to create a classic bookstore. It's like a weekly 'suggested reading' service – you just go in and pick up the book chosen for the week, relieving yourself of the burden of choice. Morioka said he came up with the idea a store that solely focused on one book at a time after organising several book-launch events at his old bookstore.



"Before opening this bookstore in Ginza, I had been running another one in Kayabacho for 10 years," Morioka told *The Guardian*. "There, I had around 200 books as stock, and used to organise several book launches per year. During such events, a lot of people visited the store for the sake of a single book. As I experienced this for some time, I started to believe that perhaps with only one book, a bookstore could be managed." To finance the store, Morioka sold his huge collection of Japanese wartime propaganda, famous for the quirky, strong graphics.

I've never thought sitting around worrying helps anything, except to help shorten your life. Robert Bateman

THE CALENDAR: Some Interesting Facts

OLDEST: The oldest calendar may be 30,000 years old. An engraved bone plaque found at Blanchard, in the Dordogne region of France, contains a series of 69 engravings arranged on a curved line. The shape of the engravings resembles the phases of the moon, and some archaeologists believe that that is what the marks represent.

LONGEST YEAR: The year 46 B.C. was the longest year on record. By this year, the Roman calendar had fallen 80 days behind the seasons, so in order to make up for the accumulated slippage, Julius Caesar added two extra months to the year as well as 23 additional days in February. Thus, 46 B.C. was 455 days long.

THE 13th: The 13th of the month is more likely to fall on Friday than on any other day of the week. The 13th falls on Friday 688 times every 400 years, while it falls on Saturday and Thursday 684 times, Tuesday and Monday 685 times, and Wednesday and Sunday 687 times

NAMES OF MONTHS: There are some curiosities in the names for the months that the Romans gave us. July is named after Julius Caesar, and August after Augustus Caesar. September, October, November, and December come from the Latin words for seven, eight, nine, and ten, despite being the ninth through twelfth months. Originally the Romans had ten months, from March to December. Around 700 B.C., Numa Pompilius added the months of January and February.

UNLUCKY EVEN NUMBERS: Months have different numbers of days, between 28 and 31, because of the Romans. Numa Pompilius assigned 29 days to seven months, 31 days to four months, and 28 days to just one month, because Romans thought that even numbers were bad luck. This totalled to 12 lunar months, which is just 355 days, so the calendar required frequent adjustments; later on various days were added to certain months.

THE LEAP YEAR The origin of the Julian calendar dates to 46 B.C., when Julius Caesar, after adding 90 days to that year to make up for slippage in the calendar, decreed that each year thereafter that was divisible by 4 would be a leap year, with 366 days instead of the regular 365.

TWO THURSDAYS ONE WEEK IN 1147: There were two Thursdays one week in 1147. Pope Eugenius III travelled to Paris, and was scheduled to arrive on a Friday. In order that the Parisians could hold a celebration on Friday, a day of fast, Eugenius decreed that that day would be a Thursday.

FIVE DAY WEEKS: In 1929, the U.S.S.R. decreed a week of five days. In 1933, a six-day week was decreed. By 1940, the seven-day week was restored.

BIRDS SPOTTED IN THE CARIBOO



Northern Flicker

Hairy Woodpecker

Pileated

Photos by Tom Godin

I don't feed the birds because they need me; I feed the birds because I need them. ~ Kathi Hutton

PARKSIDE HOURS

Tues - Fri 10am – 4 pm, Sat. Noon - 4pm

A Volunteer non-profit society

Parkside re-opens Jan 8

LOCATION/CONTACT

401 Cedar Avenue in 100 Mile House, BC.

Box 1210, 100 Mile House BC, V0K2E0

250-395-2021

To subscribe or unsubscribe from our email newsletters or to send us a note: parksideartcentre@shaw.ca